Today we hear a part of the story of the Old Testament character Joseph in the first reading.

Joseph is seen as a "type" of Jesus Christ — that is, his life pre-figures or fore-shadows the life of Christ in some ways.

Both were beloved by their fathers. Both were rejected by their people, who conspired to murder them. Both were sold. Both suffered. Both were exalted. Both delivered their oppressors from death.

It is a praiseworthy practice in reading Scripture to place oneself in the scene or story being read; oftentimes assuming different roles. In this way we can examine how we have shared in the suffering as members of the Body of Christ. Or we can see how we have contributed to the suffering of Christ by our sins.

Both of these convict us to live our faith ... to make our faith active in our lives and in the lives of those around us.

And in this way, we are "sent" just as in the Gospel, Jesus sends the Twelve. And like the Apostles, we are not only sent but also given the power of the Holy Spirit – so that we may bring the Good News ... the Gospel ... to a world hungry for redemption.

Let us reflect and pray to better know how we are called to act in faith ... and how we are being sent ... as well as how we are using the Gifts of the Holy Spirit ... to not only live the Gospel, but to spread the Gospel to those we come in contact with during the course of our daily lives.