Procrastination, according to a leading psychologist is "a temporal gap between intended behavior and enacted behavior" ... which is a fancy way of saying that it is putting off difficult things until the last minute.

On top of that, there are hundreds of books and articles on procrastination.

My guess is that, even with that awareness, many people aren't thinking about reading them until ... maybe tomorrow.

The procrastinator's battle cry could be summed up in the words of Aaron Burr: "Never do today what you can as well do tomorrow."

Procrastination seems to be part of human nature. And it takes discipline and perseverance to overcome, what for most of us, is a persistent habit.

In today's Gospel, we hear the Parable of the Ten Virgins. Five are prepared, and five are not. And in the end, the five unprepared virgins are locked out of the wedding banquet.

Our Lord is giving us an image of the Messianic Banquet - the great celebration at the end of time. Are we prepared to meet God face-to-face? Or are we putting things off?

St. Paul exhorts the Thessalonians, and us as well:

For you know what instructions we gave you through the Lord Jesus.

This is the will of God, your holiness.

Holiness isn't easy for us ... in fact, it's downright impossible without the help of grace.

As we approach this altar to receive the Sacred Body and Blood, Soul and Divinity of Jesus Christ, let us pray for an end to our own procrastination in seeking holiness. May we, through the graces of this Eucharist, find ways to day-by-day grow in holiness in our own lives ... so that we might be prepared for the great banquet we are all invited to ... in eternity.