

1. The prayer associated with this rectangular white cloth with strings on two corners talks about “The helmet of salvation.”



2. This white garment reaches from the neck to the ground. It symbolizes the Baptism of all Christians and is worn by altar servers, deacons, priests, and bishops.



3. This is a rope or a strip of cloth worn around the waist. It may be a simple rope, or might have tassels or gold threads woven in it. It symbolizes the self-control that all Christians must exercise to lead a good life.



4. This vestment looks like a scarf and is worn across the chest by deacons, or hanging in front by bishops and priests. It is a symbol of their authority.



5. This vestment’s name comes from the word meaning “little house” and was originally a poncho worn as an outer garment. St. Paul speaking on the virtues said, “Over all these put on love.” This vestment symbolizes that virtuous love.



