

Today we commemorate Saint Margaret Mary Alacoque, the French nun historically associated with devotions to the Sacred Heart.

Saint Margaret Mary was born in 1647. From early on, she had recurring visions of Jesus, but was so humble that she merely assumed that everyone had this grace.

Our Lord charged her with spreading devotion to His Sacred Heart, and promoting the First Friday devotions, as well as a Thursday Eucharistic Holy Hour.

There are Twelve Promises made to Saint Margaret Mary for those devoted to His Sacred Heart. I will leave it to you to look them up, or Google search them.

While devotions such as this have fallen out of popularity in the past several years, it is important to realize that Our Lord desires to help us in all of our needs.

As we approach this altar to receive the Sacred Body and Blood, Soul and Divinity of Jesus Christ, let us pray for the graces to be open to His Divine Love, poured out in His Sacred Heart; and to desire God's will above our own will.