

Daylight Savings Time - a concept that was discussed by Benjamin Franklin as early as 1784 and brought up George Vernon Hudson, an Englishman living in New Zealand in 1895 ... was first put into use during the First World War as a way to save on coal use.

An early goal was of Daylight Savings Time was to reduce evening use of electrical lights. It was hoped to assist in after-work shopping and recreation.

Whether or not Daylight Savings time is useful or not depends on what research you read. Nonetheless, last night I hope you remembered to "Spring ahead" by moving your clocks ahead by one hour.

Besides the shift ahead in time, Springtime brings with it warmer temperatures - which we've experience off and on during this roller-coaster of late Winter. Farmers prepare fields for planting, and many people begin the custom of "spring cleaning" where the house is gone over top to bottom; mops and buckets clean out the accumulated dust of winter; closets are emptied and scrutinized; and things we no longer need are thrown out - or sold in garage sales.

Finally, Spring brings with it rain - to water the crops, and for children and ducks to play in. And it also washes away the snow, and all the salt we put down during the winter to melt the snow.

In today's Gospel, we hear from St. John about the Samaritan woman at the well and her interaction with Jesus.

At first she pulls away from Jesus - after all they are from two disparate ethnic groups who were hostile to each other. They differed on many things - one of which was on what mountain to worship God. The Samaritans worshipped on mount Horeb, while the Jews worshipped on the Temple mount, mount Moriah, in the temple.

Jesus speaks of a time when all people will no longer worship on competing mountains, but rather will worship in Spirit and Truth.

In a sense the new mountains - the new Temples are as St. Paul reminds us elsewhere in Scripture - our own bodies and minds. We are reminded that we are Temples of the Holy Spirit.

With the recent new translation of the Roman Missal - we all pray "Lord I am not worthy that you should enter under my roof." That's not the roof of your mouth! That's the roof of your Temple.

Which begs the question - what condition **is** the Temple of your body? Do you keep it healthy and well-tuned? Or is your Temple run down?

Also, what are you putting into your head? Are you reading edifying material on the Faith, or are you filling your mind with junk TV?

How worthy is your temple to receive the King of Kings? The Lord of Lords' Body, Blood, Soul, and Divinity?

The woman begged Jesus for the Living Water which He offered. We too must thirst for the Living Water - which is the Holy Spirit ... and prepare ourselves through the Sacraments to be fitting dwelling places for the Holy Spirit as well.

We need to cleanse our own Temples in order to make room for God. Lent gives us the opportunity for a spiritual Spring Cleaning. We must ask God to fill us with His Grace; and we should think and act **big** when we pray to God and ask His Presence in our lives.

Today, when you receive Jesus Christ in the Eucharist - ask him to help cleanse your own Temple. Ask him to help make the Temple of your body and your mind a worthy place for Him to enter. Ask to be filled with the Living Water of the Holy Spirit. Ask big. And expect miracles.